



Name of young person	
Date of birth	
Reason for referral	
Location	
Local Authority	
Date of Questionnaire	
Name of Charity	
Review type	
Match date	
Type of mentoring	
Name of mentor	

Notes

How are you feeling about yourself?

I know the things I am good at and enjoy doing them



Strongly agree

Strongly disagree



I enjoy trying to do new things



Strongly agree

Strongly disagree



I am good at asking for help



Strongly agree

Strongly disagree



I can cope well in new and unexpected situations



Strongly agree

Strongly disagree



I am comfortable meeting new people



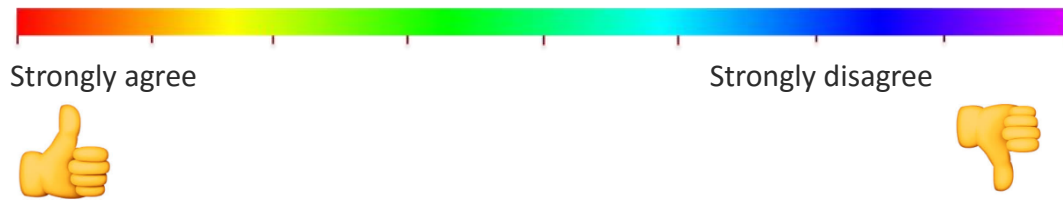
Strongly agree

Strongly disagree

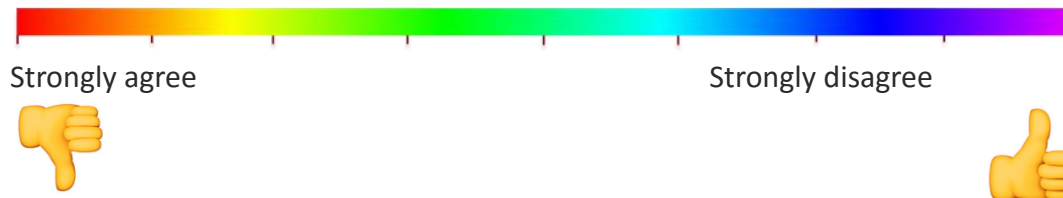


How are you feeling about yourself?

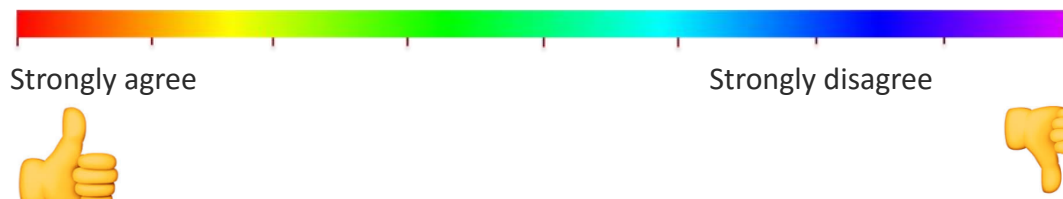
On the whole, I am satisfied with myself



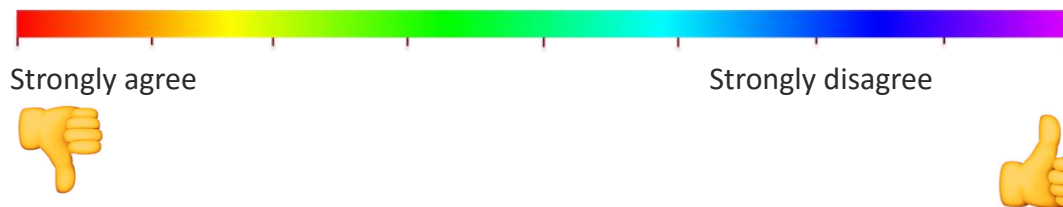
At times I think I am no good at all.



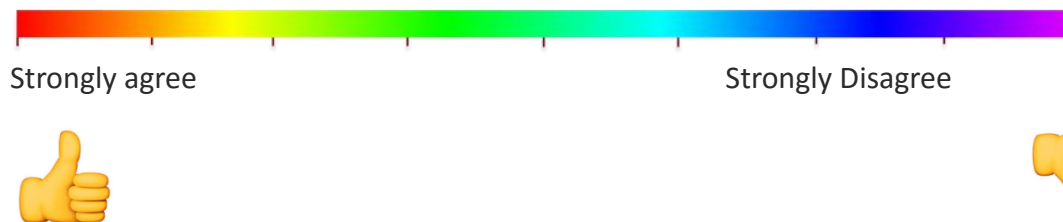
I can do things as well as most other people.



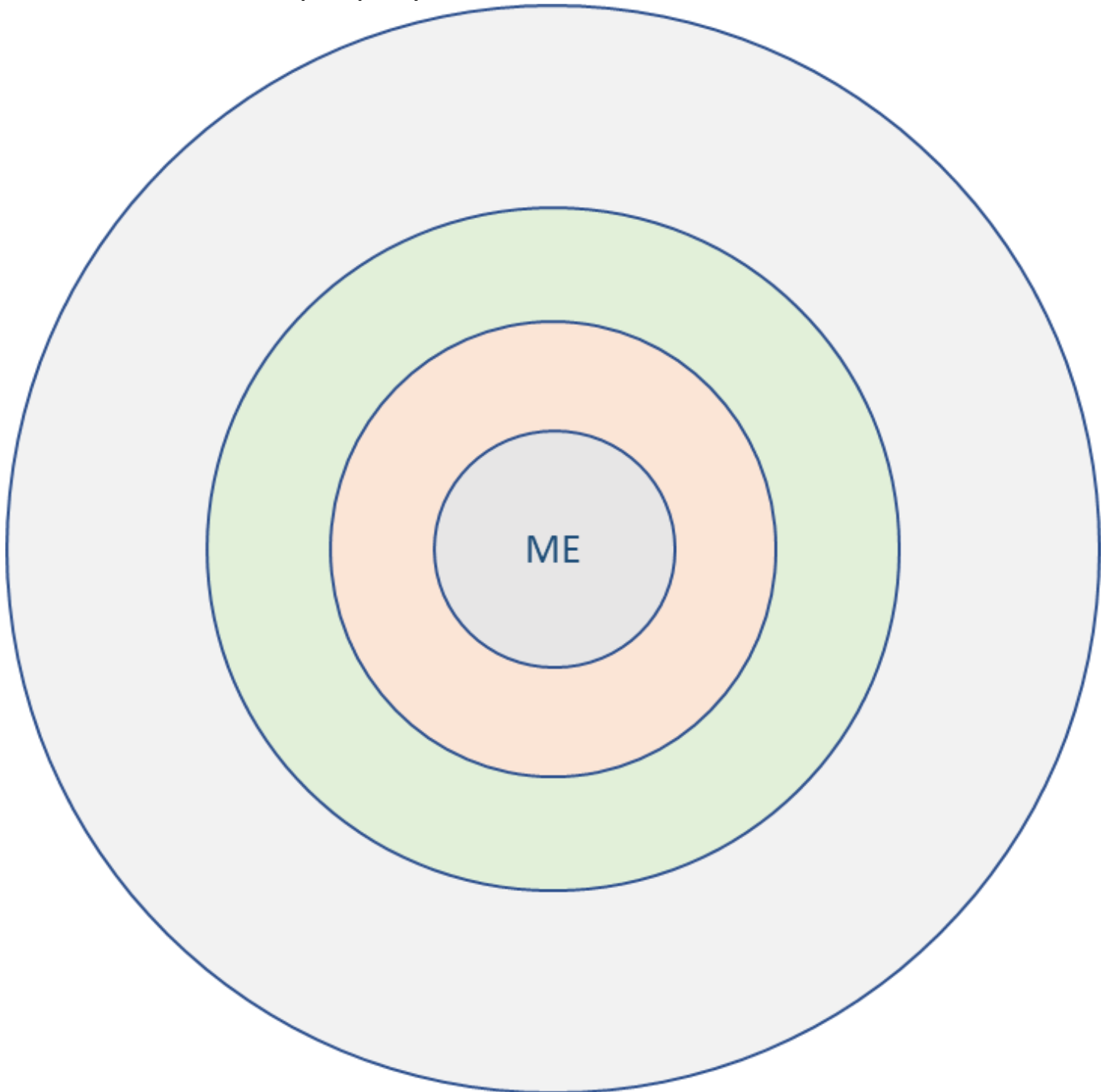
Sometimes I feel I can't do anything well.



I take a positive attitude towards myself.

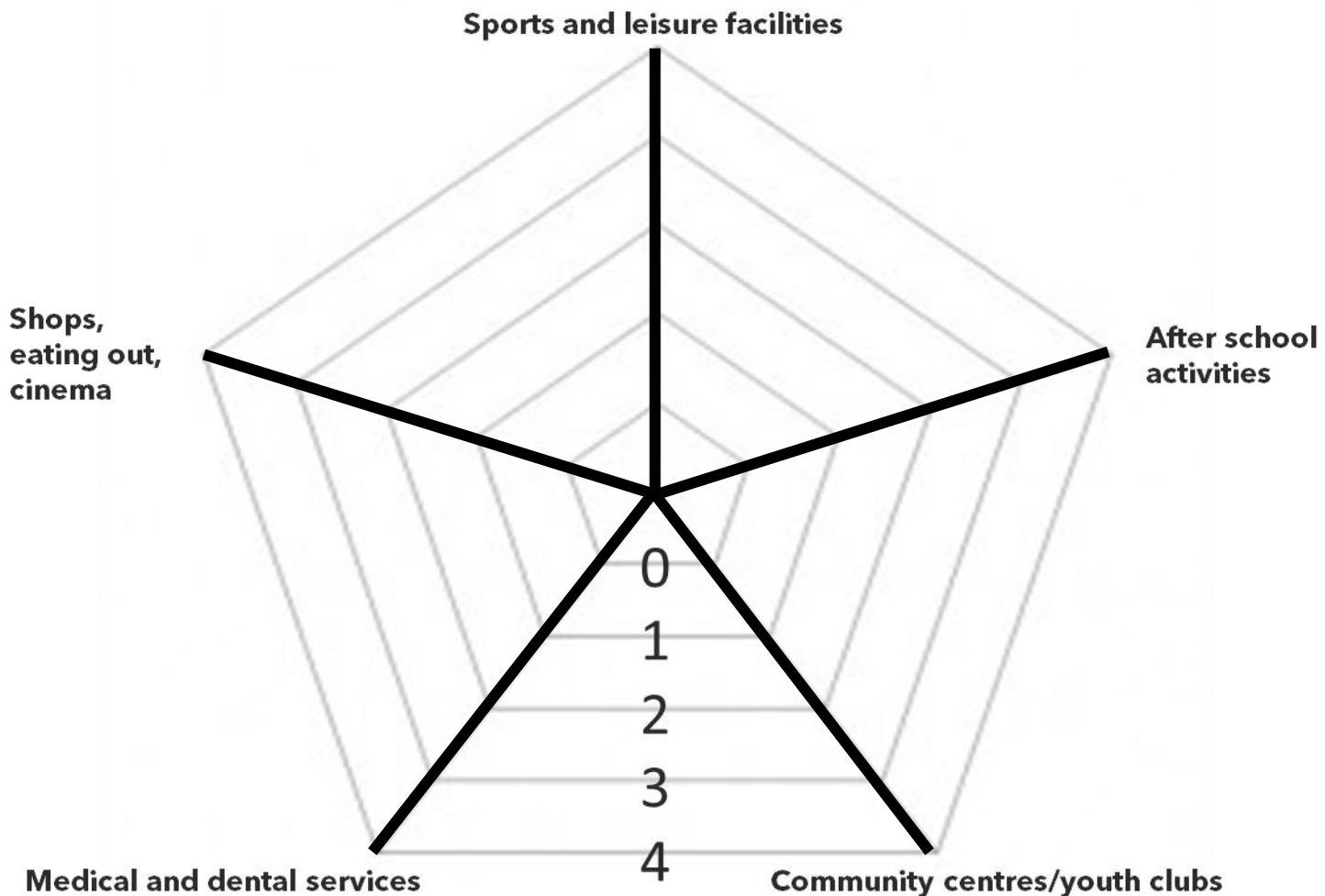


Talk about the people you know:



- People who care about me (inner circle)
- People I can talk to about anything (second circle)
- People I really like being with (third circle)
- People I talk to and play games with (outer circle)

What do you do locally?



0: I don't know what there is to do

1: I know that they are there, but I have never been or only go very rarely

2: I go, but only when somebody takes me

3: I like going, and will suggest it, but still go with an adult

4: I like going, and am happy to go on my own or with friends